



Code of Conduct

As a VA Elite Wrestler, you are bound by a stricter moral and behavioral code than non student-athletes. As such, you will be responsible for conducting yourself in a manner above and beyond other athletes. If you choose to accept this responsibility, you and your guardian must sign this contract, and in doing so, you agree to abide by the consequences set forth below:

Every member of the VA Elite Wrestling Club has a duty to represent himself/herself, the team, and the club in the best manner possible. This applies to your behavior on the mat, during home/away trips, in school and out of school. You are expected to avoid situations where you might be accused of wrongdoing. Being in the “wrong place at the wrong time” is not an excuse if you chose to be there in the first place.

In-school discipline problems resulting in ISS, Saturday School, or Suspension could result in dismissal or suspension from the wrestling club. The following violations may also result in suspension or dismissal from VA Elite Wrestling Club:

1. Using illegal drugs, alcohol, or tobacco at any time.
2. Allowing yourself to be in a situation, in school or away from school, where you are accused of/arrested for an illegal activity.
3. Missing practice (unless excused by one of the Coaches).
4. Skipping class or school.
5. Poor sportsmanship or any type of profanity, anywhere.
6. Harassment (verbal/physical/sexual/etc...) of another student or team member.
7. Any act (either in school or away from school) which in the opinion of the coaching and/or school administration, reflects in a negative manner of the VA Elite Wrestling Club.
8. Electronic communication (text, Facebook, Twitter, etc...) should be positive and should never negatively reflect on other teammates or coaching staff. If it is not positive, don't post it.

Parent & Wrestler Responsibilities

- As a VA Elite Club member or parent, I have the responsibility of helping to keep the facility clean and tidy.
- I will conduct myself responsibly at all practices, games and events.
- I will refrain from coaching my child during practices or matches unless I am asked to do so by the coaching staff.
- I will not engage in profane, insulting, harassing, or abusive language or behavior towards anyone.
- If I have concerns or problems with coaching methods or decisions, I will discuss them in a civil manner with the head coach, outside the presence of other wrestlers. I will abide by the mandatory 24-hour cool-down period before discussing my issue.

THE CONSEQUENCES

Failure to abide by the aforementioned code of conduct may subject a wrestler, coach, parent/guardian or guest to one or more of the following disciplinary actions by the officers and directors of the VA Elite Wrestling Club:

1. A written warning from the president of the VA Elite Wrestling Club.
2. A one or multi-event suspension during which you may not participate or be present as a wrestler, coach, or spectator.
3. A suspension for the remainder of the season in which you may not participate, or be present, as a wrestler, coach, or spectator.
4. A permanent suspension from any future participation or involvement with the VA Elite Wrestling Club.

All disciplinary actions and decisions will be made by the officers and directors of the VA Elite Wrestling Club. There will be NO refunds of registration fees, or any other fees or portions thereof, when disciplinary action is taken. All decisions are final.

By signing this form, you affirm that you have read this and fully understand the rules set forth by this contract. You are also stating that you understand that violations of the VA Elite Wrestling Club behavior policies could result in your being suspended or dismissed from the athletic program.

Wrestler Name: _____

Wrestler Signature: _____

Parent/Guardian Signature: _____ **Date:** _____

